

Facing Your Fears

Sermon Series: Fear Factor



Joshua 1:1-9 & 5:13-15

FINDING YOUR FEARS

- What if _____ happens?

FACING YOUR FEARS

- ✓ “Do not be afraid” 120 times!
- ✓ “Do not fear” 131 times!

3 Powerful Principles to Remember

- ➊ Approach fear with the right attitude: courage
- ➋ Navigate through fear with the right compass: wise choices
- ➌ Overcome fear by being on the right side: God’s side

REALife Application

QUICK REVIEW – Take a minute to look back over your sermon notes or any of the verses that Jesse mentioned. Is there a particular truth, application or part of the message that challenged you or caught your attention?

1. Pastor Jesse helped us see that true strength and courage in the face of fear are more about the choices we make than the feelings we have. That courage is not the absence of fear but fear having said its prayers. Read Numbers 13:26 – 14:9 and take a look over Joshua’s shoulder as he and an advance team of spies report back to the Israelites about what obstacles they would face in taking possession of the promised land. What choices did Joshua and Caleb make that enabled them to stand with courage while others retreated in fear?

Take another look at what was really at stake for the Israelites and try to put yourself in their shoes. Now think about your answer to: “What if _____ happens?” from your sermon notes. Do you relate more with Joshua and Caleb or the other 10 spies?

What choices could you make in the midst of your own circumstances that would help you be “strong and courageous”?

Joshua and the Israelites could have easily made some excuses to not obey God when He told them to march around Jericho (Joshua 6:1-5). What are some of the common excuses people use today to not obey God?

2. The whole “FEAR FACTOR” sermon series is rooted in God’s word that has 251 reminders to not fear or be afraid. We can be truly confident, strong, and courageous because of where we are in Christ. At the same time we are told to fear God. How can we reconcile what God told Joshua in Joshua 1:9 and what John wrote in Revelation 14:6-7?

Facing Your Fears

Sermon Series: Fear Factor



Joshua 1:1-9 & 5:13-15

FINDING YOUR FEARS

- What if _____ happens?

FACING YOUR FEARS

- ✓ “Do not be afraid” _____!
- ✓ “Do not fear” _____!

3 Powerful Principles to Remember

- ➊ Approach fear with the right _____: _____
- ➋ Navigate through fear with the right _____: _____
- ➌ Overcome fear by being on the right _____: _____

REALife Application

QUICK REVIEW – Take a minute to look back over your sermon notes or any of the verses that Jesse mentioned. Is there a particular truth, application or part of the message that challenged you or caught your attention?

1. Pastor Jesse helped us see that true strength and courage in the face of fear are more about the choices we make than the feelings we have. That courage is not the absence of fear but fear having said its prayers. Read Numbers 13:26 – 14:9 and take a look over Joshua’s shoulder as he and an advance team of spies report back to the Israelites about what obstacles they would face in taking possession of the promised land. What choices did Joshua and Caleb make that enabled them to stand with courage while others retreated in fear?

Take another look at what was really at stake for the Israelites and try to put yourself in their shoes. Now think about your answer to: “What if _____ happens?” from your sermon notes. Do you relate more with Joshua and Caleb or the other 10 spies?

What choices could you make in the midst of your own circumstances that would help you be “strong and courageous”?

Joshua and the Israelites could have easily made some excuses to not obey God when He told them to march around Jericho (Joshua 6:1-5). What are some of the common excuses people use today to not obey God?

2. The whole “FEAR FACTOR” sermon series is rooted in God’s word that has 251 reminders to not fear or be afraid. We can be truly confident, strong, and courageous because of where we are in Christ. At the same time we are told to fear God. How can we reconcile what God told Joshua in Joshua 1:9 and what John wrote in Revelation 14:6-7?